

## **B.S.A. Climbing Instructor Class**

This is open to all registered scout adults in the Verdugo Hills, WLA, and LA area councils that want to be certified BSA Climbing Instructors. This qualification is good for 2 years. Class size is 6-12 students.

The cost is \$60 which includes: books, materials, and belay training. It does NOT include 1 day Rock Training or 2 day trip to Josh.

Sessions 1-5 will be taught at Cushman Watt (LAAC) scout HQ, they will start on Thurs Jan 7 at 7pm -10pm for 6 consecutive weeks (till 2/11)

Session 6 Belay Class will be at the LA Rocks (indoor gym) in Hawthorne on 1/27/2010. (cost is included)

Session 7 Rock Training at Stoney Point will be 1/30/2010.

Session 8 Field trip to Joshua Tree Indian Cove with scouts, 3/12 – 3/14.

### **Session 1: (3 hours)**

Introduction

Chapter 1 - Standards & Inspections

Chapter 2 - Safety & Leadership

Chapter 3 - Equipment

Practical: Intro to Knots (figure 8), “climb on safely” certification

### **Session 2: (3 hours)**

Chapter 3 - Equipment (continued)

Chapter 4 - Rope & Rope Handling

Chapter 5 - Knots & Knot Tying

Chapter 6 - Anchor Points & Anchor Systems

Practical: Fig 8 follow thru, 8 on a bight, tubular webbing water knot

### **Session 3: (3 hours)**

Chapter 7 - Belaying & Belay Signals

Chapter 8 - Climbing & Bouldering

Practical: tied harness, anchors, commands

### **Session 4: (3 hours)**

Chapter 9 - Rappelling

Chapter 10 - Site Selection

Chapter 11 - Conducting a climbing / rappelling program

Practical: fishermans knot, rescue knots , anchors, commands

### **Session 5: (3 hours)**

Emergency Response, rescues, and first aid  
Staffing and instructor training  
Final exam  
Practical: Z pully system

**Session 6: (2-3 hours)**

Belay Class at rock gym

**Session 7: (8 hours)**

1 day on the rock training

**Session 8:**

Weekend at Joshua Tree

To register for this class, contact Allan Slocum 310.384.7522  
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