

# Adult Leaders Backpack Training-2009

The Los Angeles Area Council-High Adventure Team will conduct its 43<sup>th</sup> annual backpack training program for Scouters and other adults on Feb. 20-22, 2009, with a backpack outing to be arranged. Its objectives are:

- ◆ to acquaint you with a basic understanding of how to plan and conduct outdoor activities;
- ◆ to stimulate your participation and leadership in a High Adventure Program at the Unit level; and,
- ◆ to inform you of the many programs and activities of the LAAC-HAT.

The training provides an overview of the basics: leadership; planning & preparation; equipment & clothing; menus & cooking; mountain navigation & travel; conservation; risk & safety; and program awards & procedures – the necessities for safe and enjoyable outings. The importance of training and transferring leadership to your Scouts is stressed. While the emphasis is on backpacking, it is generally applicable to all types of outdoor activity. This is the next step beyond the campcraft skills that are covered in Outdoor Leadership Skills (OLS).

The seminar is conducted at Cabrillo Beach Youth Waterfront Sports Center, 3000 Shoshonean Road, San Pedro (310-831-1984). Registration begins at 6:30pm, Friday, and the program will end by 1:00 pm, Sunday. You will be asked to select and take a weekend backpack trip (5-7 miles, roundtrip, in the local mountains) from among several to be offered in March and April and led by the LAAC-HAT Staff. An Adventure Pass for your vehicle is required at many of these locations.



Registration fee: \$50.00, when received at LAAC-Camping by Feb. 13; \$60.00, after that date or at the door. Early registration is requested to ensure sufficient meals, snacks, and course materials. Persons whose registration is received by the 13th will be sent a confirmation, map of location, and other details. Participants may bring their gear and camp (free) at the facility. Also, please bring a compass, paper and pencil – everything else is provided. Completion of this training is recognized by the award of a special patch. It is required to earn the High Adventure Leader Award. A syllabus that covers the materials discussed will be given to each participant.

Hike Aid 3, "Full Dimension High Adventure Training", has a complete discussion of the training programs of the LAAC-HAT. It may be purchase at the Scout Shop or downloaded from the Council website. Questions about any of them are to be directed to Pete Matthews; Vice Chair-Training: 310-377-2162; e-mail, [matthews\\_peter@msn.com](mailto:matthews_peter@msn.com)

## Training Bulletin

LAAC-HAT

September 2008

----- Detach and include with your check -----

### Adult Leaders Backpack Training-2009

Please register me for attendance at this LAAC-HAT training program. A check for \$50.00, payable to the Boy Scouts of America-LAAC, is enclosed (\$60.00, after Feb.16). I understand that I may incur other nominal expenses in order to complete it.

Name: \_\_\_\_\_

Telephone (Bus.): \_\_\_\_\_ (Res.): \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ ZIP Code: \_\_\_\_\_

Unit No.: \_\_\_\_\_ District: \_\_\_\_\_

Position: \_\_\_\_\_

Mail to: Los Angeles Area Council-BSA  
2333 Scout Way  
Los Angeles, CA 90026  
**Attn: Camping Department**