

# Mountain-Oriented Accident Response Training-2011

The objectives of the training module are to acquaint the adult Scouter with the types and causes of injuries and illnesses that can occur during outdoor activities and with the special steps that must be taken during a medical emergency. It is conducted as a workshop, which will be held on Saturday, March 5, 2011 from 8:30 am to about 3:30 pm. The day is devoted to discussing mountain-oriented first aid issues and case studies; your skills are tested by the several realistic medical emergencies. A basic competency in first aid is expected of persons taking this course.

It will be conducted at the Cabrillo Beach Youth Waterfront Sports Center, 3000 Shoshonean Road, San Pedro. There will be a 45-minute lunch break; attendees may bring lunch or purchase it from a near-by take-out.

Attendees are expected to have:

- ❖ Current American Red Cross Certifications for Community First Aid and Adult CPR.
- ❖ Read Mountaineering First Aid-A Guide to Accident Response and First Aid Care, Jan Carline, et al., Mountaineers Books, Seattle WA, 2004 (available at book and backpacking stores, and on-line).

Please bring the following items with you:

- ❖ Mountaineering First Aid.
- ❖ Unit first aid kit or supplies, as would be carried on an outing.

A fee of \$10.00 is charged for the training. Registration is required by March 2. You will be sent a confirmation, or notice of cancellation if there are less than 5 sign-ups by that date. It is recommended that participants have attended Adult Leaders Backpack Training. Completion of this training is a requirement for earning the High Adventure Leader Award. A syllabus that covers the materials discussed will be given to each participant.

Hike Aid 3, "Full Dimension High Adventure Training", has a complete discussion of the training activities of the LAAC-HAT. It may be purchased at the Scout Shop or downloaded from the Council website. Questions about any of them are to be directed to Pete Matthews; Vice Chair-Training: 424-224-7746; e-mail, [matthews\\_peter@msn.com](mailto:matthews_peter@msn.com) Questions about this training should be directed to William Consterdine, Course Director, at c: (562) 686-1020; Email: [wmcidine@aol.com](mailto:wmcidine@aol.com)

LAAC-HAT

## Training Bulletin

January 2011

----- Detach and include with your check -----

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Please register me for attendance at this LAAC-HAT training program. A check for **\$10.00**, payable to the Boy Scouts of America-LAAC, is enclosed.

Name: \_\_\_\_\_

Telephone (Bus.): \_\_\_\_\_ (Res.): \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ ZIP Code: \_\_\_\_\_

Unit No.: \_\_\_\_\_ District: \_\_\_\_\_ Position: \_\_\_\_\_

Mail to:  
Los Angeles Area Council-BSA  
2333 Scout Way  
Los Angeles, CA 90026  
Attn: Camping Department